

## Sending a Message to the Medical Community

DEBBIE BURBARY AND JANET ZVONEK are on a mission to promote CRPS awareness within the medical community. Both are in the medical field and are intent on spreading the word to those in their profession. Good friends for 15 years, the duo traveled from Michigan specifically to take part in their first Achilles Walk for Hope & Possibility. Debbie's husband, Peter, suffered from CRPS for two years and in trying to care for him, she found the lack of awareness and paucity of information both shocking and frustrating. "I'm a registered nurse. In trying to care for my husband with this condition, I was very, very surprised that so little is known about CRPS both in the lay community and in the health profession," she explains. Debbie is using her ties within the medical community to act as a conduit to infuse vital information about CRPS to healthcare professionals. "Whenever I hear something new about the disease, I pass it on to my colleagues to keep them educated. It's my new focus," she states, and it seems her efforts are being rewarded. "The building that I work in is very aware of CRPS, and they've been very supportive," she says.

Both Debbie and Janet seem energized by the optimism at this year's walk. Janet says, "It's an awful disease to learn how to live with, but we've heard such great stories of hope here today from the walkers who have CRPS about how they've progressed with their disease process. To learn where they were and see that they are actually walking here today.... It's amazing!"

Janet believes that the Achilles Walk has infused her with a sense of encouragement. "We met a lot of people today undergoing different therapies and treatments. There are some very interesting stories here. But all in all, I just think there is hope."



*Round Up the Posse: Pamela Curry (center) was joined by 14 friends and close family members at this year's Achilles Walk*

# Achilles Walk 2010: Stories of Hope

*By Stefani Kronk*

Debbie poignantly adds to her friend's thought, stating, "Throughout my husband's disease process, we didn't have a lot of hope." Peter passed away almost two years ago due to complications with CRPS, and so for this ambassador to the medical community, the Achilles Walk for Hope & Possibility was a heartening experience. "It is very inspiring to hear and learn that people can actually live with this disease and improve their lives," concludes Debbie.

## Round Up the Posse

LIKE SO MANY PEOPLE WITH CRPS, PAMELA Curry from River Vale, New Jersey, had never heard of the disease until her doctor diagnosed her with it in February 2009. Joined by 14 friends and close family members, Pamela is intent on raising awareness for this year's Achilles Walk for Hope & Possibility. "People are not

aware of this condition, and we just have to get the word out there," she says. Her entourage is distinguished by a sign emblazoned with *Pamela's Posse* attached to their Team RSDSA t-shirts. "The group decided they were going to do something fun and surprise me. I had no idea.... All of a sudden we put our shirts on and my husband brought out these signs."

Even without a logo, it's easy to see that this tight-knit group has a purpose. "It's really emotional and inspirational to know that I have the love and support from everyone around me on a day like this," says Pamela. "It just makes me feel really special."

Pamela characterizes CRPS as a "silent, painful torture," and her goal is to bring recognition to this obscure condition. "To look at me, I look perfectly fine,"

she says. “Nobody knows that I have this disease. I work, I laugh, I talk, I walk. But there are days when I am in absolute agony. It’s the most painful thing I have been through and yet I won’t ever give in to it. The days I’m struggling are the days that I know I have to get up and move.”

Pamela is looking forward to walking in this event, after CRPS “literally crippled” her last year. Confined to a wheelchair, she used last year’s event as her target date for



*Tom and Jeanne Tobin were buoyed by the support of friends, as well as those cheering from the sidelines, to participate in the Walk*

improvement and was able to walk the five-mile course, finishing just as the crew was breaking down the finish line. Although Pamela is thankful to be healthier and more mobile for this year’s event, she doesn’t regret the time she was incapacitated. “When I was in the wheelchair, it gave me a whole different perspective on life. You see the world in a different way. People treat you differently—in a good way—and you treat other people differently, too,” she explains.

Although having CRPS has been debilitating, Pamela believes there is a purpose for her affliction. “I wouldn’t trade

this. This is my cross to bear. It’s going to make me stronger and I wouldn’t give it away. This is teaching me something. It is teaching my family something. It is teaching us all something.”

### **Help From My Friends**

FOR MANY PEOPLE WITH CRPS, LIFE’S daily activities are inextricably linked and almost always contingent upon the number on the pain scale. For former New York City police detective Tom Tobin and his wife, Jeanne, the day of the eighth annual Achilles Walk for Hope & Possibility was filled with uncertainty. “Leading up to today, neither one of us thought we were going to come—we were certain that I wasn’t going to be able to do the walk,” explains Tom. Tom and Jeanne were not only concerned about the two-mile course, they were also doubtful that Tom would be able to navigate the subway ride from their Staten Island home to Central Park. This seemingly simple trip for a multitude of commuters becomes an arduous journey for one suffering from chronic pain.

After battling CRPS for more than 12 years, Tom tries not to let the disease dictate his actions, but he has to concede every now and then to the limitations imposed by pain. Making their way from the subway station, the couple shifted their plans from participating in the event to volunteering or supporting in any way they could. When entering the registration area, however, Tom’s spirits were lifted upon seeing his old friend Richie. “Out of the blue, my old radio car partner showed up at the walk,” says Tom with amazement. “I knew he donated but I didn’t know he registered to run. He came over to me and I started crying; I just couldn’t believe it.” Buoyed by Richie’s support, Tom and Jeanne set out on the walk after all, and the once seemingly impossible journey was transformed into a pleasant jaunt in the park. “Richie’s wife was talking to Jeanne, and I was talking with Richie, and the next thing I know...it’s over,” Tom explains with a smile.

Tom acknowledges that the support of those closest to you is essential for the day of the walk, but he also credits the bystanders and onlookers for motivation and encouragement. “Having the big crowd and turnout really does make a difference in how the participants feel. All the spectators are into it and they start yelling during the last half mile. Everyone starts cheering, so then the ones walking and running start to perk up. Between the spectators and the support of the other walkers, it makes a huge difference in the amount of people who participate.”

### **The British Invasion**

THE ANNUAL ACHILLES WALK FOR HOPE & Possibility is seeing an astronomical growth in participation. With more than 300 registered walkers for this year’s event, people from all over the country—and the world—are getting involved. This year, Rajinder Purewal from Langley, United Kingdom, traveled across an ocean to walk in Central Park. She credits the RSDSA for motivating her to participate in the event. “In conducting my research into the disease, RSDSA is probably the only organization that I have found who is committed to CRPS and raising awareness,” she says. Rajinder explains that attempts to create similar organizations in the UK have been unsuccessful, so the RSDSA has been her



*Rajinder Purewal (center)—joined here by her sister, San Purewal, and friend, Shehzad Sattar—traveled from the United Kingdom to walk in Central Park*

lifeline, support system, and educational resource in coping with the disease. “I do think the United States is more advanced than what we have back home, and that was the main reason I came to participate in the walk. If there is a breakthrough in any of the findings and a cure, we’ll also benefit from it in the United Kingdom.”

For Rajinder, her time in Central Park was a highly influential moment in her six-year struggle with CRPS. “I really realized how much of a difference it makes being around people who are going through the same thing as I am.” She believes the human interaction was an important component of the Achilles Walk, one that will keep her traveling across the big pond. “Seeing and meeting others with the same disease makes a huge difference and that’s the reason why I definitely plan if I can’t do it every year, I will participate every other year,” states Rajinder.

In addition to the support from other people with CRPS, Rajinder was also impressed that her fellow countryman and member of the Royal Family, Prince Harry, was participating in the event. “I was so amazed. I didn’t even realize he was going to be there. We managed to stop him and he paused. It’s the closest I’ve ever come to him and I think it was amazing having him supporting the walk!” she exclaims.

When asked if she could give a message to anyone back in the UK suffering from CRPS, Rajinder states, “I would tell them to keep fighting. It is very isolating. It is a condition that when you are first diagnosed with makes you feel as though your whole world has crashed. It changes your life so much from who you were to who you’ve become. The psychological impact it has as well as the impact on your body can be really devastating.” Rajinder acknowledges that it is difficult to remain positive when living with this condition, but it is essential to do so. “It’s really tough when someone



*Marking a Milestone: Brad Minskoff at his third Achilles Walk*

says to you keep fighting because there are days when you really want to give up. But I would just say to remain strong—you will see that you can make it.”

### **What Makes this Special Event so Special**

THE ACHILLES WALK FOR HOPE & POSSIBILITY can be classified as a special event, but CRPS patient and walker Brad Minskoff from Denville, New Jersey, shares his perspective on what makes it truly special for those living with this disease. “People with CRPS look forward it all year, not just a few weeks before the event,” he says. “There are very few times I feel that I’m able to raise awareness and that I’m doing something. It’s our chance to have people hear us. I feel the day of the walk is our one opportunity. When you are living with CRPS, attending the walk becomes your goal. You would pretty much do anything to be there and be a part of it.”

In addition to feeling like he is active in the fight against CRPS, Brad believes being able to connect with other people

with the same condition is important. “I’m surrounded by people who have my condition, and it’s nice speaking with them,” he says. Although he stays in contact with them all year round, this day in Central Park is often the only time he is able to physically connect with his network. “It’s nice because you see them over the summer at the walk, but you still speak with them and are in touch with them all year long, which I find comforting,” says Brad. He feels that the event provides a moment of community for those with this isolating disease. “The event hits a personal note with walkers, mostly because others can’t relate.... They can’t experience what we are going through. It’s hard for people to fully understand what we have.”

Brad was diagnosed with CRPS more than three years ago, and this will be his third consecutive walk. He feels his participation is necessary as he battles this disease. “I’m there to raise awareness. I’m there for myself. And I’m there to represent all the people who have CRPS,” he states. Brad will be joined



*Holly Degner (center), joined here by Heather Mello and PJ Tata, has connected with over 400 people around the world with CRPS through Facebook*

by 10 family members and close friends who are there to support him.

Brad believes the walk marks a milestone in his journey with CRPS. He elaborates, "It's a day to showcase the progress that I've made. It also helps me focus on all the good things and the positives. The baby steps...the things you accomplished and, most importantly, your goals and reaching them."

Brad is encouraged by the attendance at this year's event. "As you can see, every year it gets larger and larger. It's also showing that, yes, our efforts are helping and more people are hearing about it. More people are getting involved. The more people, the better. More people equal more awareness. This translates into more involvement by people with CRPS, their families, and friends," he says. "Hopefully this raised level of involvement and awareness will increase the determination of the medical researchers to focus on finding better alternatives of treatment and a way to reverse the effects of the disease."

When asked if he will be walking next year, Brad answers quickly. "I'm 100% going to participate, without question. I'm going to get the same group and *more* to come with me," he says with a grin.

### **Honor Roll**

PEOPLE WITH CRPS ARE CHALLENGED with balancing a "normal" life with the complications associated with this disorder. Holly Degner from Woodbine, Maryland, is an excellent example of one of those people, juggling the events of an exciting year with the struggles of coping with chronic pain. She briskly lists her year's highlights without missing a beat. "Let's see," she says. "I got engaged, got married, went on a honeymoon, had two major surgeries, numerous lumbar injections, had a peripheral nerve catheter inserted in my leg, and I've been wearing this ROM boot since January."

Despite the whirlwind of activities, Holly was determined to participate in the Achilles Walk for Hope & Possibility as she uses the event to honor all the inspirational people she has met since

being diagnosed with CRPS four years ago. Holly was plagued with an overwhelming feeling of isolation for the first half of her illness. "I felt like I was the only person in the world who had it, and I just felt so alone. It's a really hard thing to grasp," she says. In an effort to connect with others, Holly turned to the Internet and searched for CRPS on Facebook. "Now I have 400 friends from all around the country and all around the world. We talk about the disease. We compare our treatments. We can cry to each other and laugh with each other. It's just amazing to know that there are people who know how you feel," she says. Although Holly is thankful for her network, she knows that isolation is still a huge factor for those with this disease. "I spent more than two years feeling solitary in this, and I feel terrible because I know people who have spent 20 years feeling that way."

Linking with others who have CRPS has created a sense of camaraderie, helping Holly cope with the disease. "I've met some beautiful people, and I've made amazing friends. It has made a tremendous difference getting close to people who share something that is so important in our lives," she says. Holly also acknowledges her support group of family and friends, as well as her healthcare team. "I've been fortunate to find people who've helped me, and I keep those people close."

Although Holly was unable to participate without her crutches and boot, she remains optimistic about her progress for next year's event. "I swear I'm going to be hopping and skipping across that finish line, no crutches, no braces. No nothing. Just a big smile."

*Editor's Note: Pictures and Videos of Team RSDSA in Central Park are available on our website at <http://www.rsd.org/4/awareness/Achilles/2010/> ■*

# 2010 ACHILLES WALK DONATIONS

## Thank You to Our Achilles Walk Sponsors

Center for Pain Studies at the Rehabilitation Institute of Chicago  
Dr. Joshua Prager and the Staff of the Center for the Rehabilitation of Pain Syndromes (CRPS) at UCLA  
Edelman, Krasin & Jaye PLLC  
R. Steven Shisler, Esquire  
Sterling Machine Technologies

## Donations

*Onsite and Virtual Achilles Walk Fundraisers, with those donating in honor of them, as of September 14, 2010.*

## Nanci Aponte

Virginia Amendda  
Nanci Aponte  
Mary Lou Battista  
Douglas Financial  
Gloria Sauro  
Dolores Vizzelle  
Joseph Yotch

## Debra Addington

Michelle Schmiesing  
Cheryl & Larry Stump  
Joyce Tharp

## Kait Bailer

Jennifer Bailer  
Ellie & Scott Bailer  
Matt, Katie, Nora, & John Boy Bailer  
Lorraine, Cliff, & Meghan Bailer  
Mark Bernstein  
Buoni Family & Friends  
Tina Dickens  
Carol Ditter  
Mike Fetrow  
Susan Grooms  
Jeffrey Kozub  
The Manley Family  
Rachael Marek  
David Partridge  
Mark Rudiger  
James Stambaugh  
Peter Tae  
Deb Tinsman  
Your Friends at Aronimok Golf Club

## Daryn Brown

Laura Belt  
Evan & Michelle Brown  
Michael & Michelle Brown  
Marilyn Brown  
Michael David Brown  
Tracey & Matthew Coppedge  
Jeff & Ashley Drushal  
Jason Duff  
Bea Epstein  
Cynthia Faust

Arthur Gaffin  
Russ Goodwin  
Andrea Gorzitze & Family  
Emily Howard  
Gillian Husovsky  
Josefina & Ava Jain-Ray  
Carol Kato  
Julie Kinnett  
Traci Klainer  
Cynthia Kocher, Rob Perry, & Jack  
Cindy & David Levine  
Mara Marino  
Bradley McCormick & Marion Katz  
Ken McIntosh  
Heather McLaren  
Michael Naegele  
Richard & Jori Bloom Naegele  
Brad Resnick  
David Rosen  
Fran & Jerry Rosen  
The Herb, Lisa, Rob, & Ron Russakoff Families  
Brandi Shepard  
Bernice Silversteom  
Zehava & Warren Sklar  
Lawrence Stern

## Debra Burbary— In memory of Pete

Thomas & Debra Barton  
Linda Bruszewski  
Dad & Donna Burbary  
Ken Burbary  
The Czarnecki Family  
R & T Dunlap  
Rick, Karen, & Sean Kincaid  
Trisha Martin  
Kirk & Nancy McLaughlin  
Michael Meganck  
Matt Meganck  
John & Faye Menard  
John & Lori Palmer  
Rachele Raskey  
Nate & Julie Simon

## Jennifer Cichocki

Jason Babcock  
The Barone Family  
Jennifer Carr  
Caroline Cichocki  
Jennifer Cichocki  
Virginia Cichocki  
Holly Keller  
Laurie Kraus  
Chris Maloney  
Nicole Martin & Ian Calder  
Patti Martinson  
Jennifer Modica  
Kristi Perillo-Okeke  
Laura Pierce, RN  
Jennifer Syposs  
Nancy Vohwinkel

## Janis Day

Chandra Beal  
Susan Silva  
Richard Solano

## Maureen David

Anthony Adder  
Pat Agelis  
Valerie Bailey  
B. Barrett  
John Bory  
George Bove  
Damon Brown  
Doris Brown  
Vinnie Calcaterra  
Bernadette Colonna  
M. David  
Carmela DeMeo  
Alice DiStefano  
Bill Dobbins  
Theresa Fisher  
Mary Jo Haeg  
Barbara Harlin  
J. Hickey  
Jeanette Hyman  
Patty Jacobs  
Sharon Johnson  
T. Manganello  
Lily Mazza  
Joann Messina  
Barbara Morrill  
Maria Moschera  
Halina Murphy  
B. Paterno  
Meg Pohanka  
Maureen Rapezyl  
Donna Reichhold  
Marie S.  
Marianne Teufel  
Barbara Tursellini  
John Venier  
Debbie Ves  
Carol-Ann White  
Helene Wojnicki

## Holly Degner

Damon, T-Lo, Misa, & Lenna Degner  
Marla Dubin  
Samyah Fowler  
Zena Maggitti  
Susie Meneely  
Janice Nace  
Mary Petty  
Jon & Sooz Schmitt  
Maureen Treas

## Melanie Dickens

Paka & Diane Antle  
Dorie, Cody, & Shane Burke  
Richard Chapel  
Gramie & Charles Dickens  
Katherine Hill  
Alan Hubbert  
Rich Mason  
Jacqueline McLemore  
Cheryl Preston  
Kristine Thayer

## Jaclyn Drake

Ann & Alan Carline

John & Mary Lou Donkersloot  
Don & Catherine Drake  
Maria, Ralph, & Susan Hook  
Jason Ice  
Janice & Jerry Ice  
Tyler Ice  
Jean Marmo  
Dot & Ed Newton  
Johanna Palestini  
Margaret Stopford  
Jackie Weber

## Jennifer Dwyer

Anne Dwyer  
Jennifer Rattien  
Andrew & Clare Zeigler

## Deborah Efid

James Efid  
Susan Efid

## Erikka Elsbury

Kent Anger  
Mark Ashcraft & Family  
John Elsbury  
Zachary Fenell  
The Hallmark Family  
Michael Mannozi  
Ricky & Amy McDonald  
The Shreves Family  
Rajender & Sangeeta Teegala

## Margaret Eubanks

Kristine Barbee  
Debby Brown  
Judith Horton  
Scott & Laurie McNamara  
James & Ing Nieters  
Jodi Willingham

## Christina Farina

Monica Gallo  
Larry Schiavo

## Danielle Freudenheim

Lynn Cavo  
John Chambers  
Mark Cooper  
Clotilde Farrell  
Sarah Gunderson  
Liz Levy  
Aaron Maass  
Todd & Melissa Maguire  
Tracy McCourtney  
Anne Mygatt  
Shirley Petersen  
Jason Sliss  
Andrea Thies

## Kristen Glidden

Henry Abbott  
Cindy & Jon Klimaszewski

## Kathleen Gortz

Beverly Barr  
Toni Ciancibello

Helen Etling  
Frank Fatica  
Rose Fatica  
Kathleen Fatica  
Kathleen Gortz  
Carol Ianetta  
Carolyn Perkins  
Jeanine Wilson

## Melissa Gwilt

Nancy Chandler  
Stephanie & Dan Gwilt  
Ardith Hall  
Carolyn & Roger Soderman

## Christina Marshen & Team Stina

Rob & Lisa Blackmore  
Oma Doops  
John & Patty Dutton  
The Fagans  
Jennifer Garuffe  
Donna Grezlik & Diamond  
Mom, Dad, & Coco Haight  
Jeffrey Haight  
The Marks Family  
Charles & Audrey Marshen  
Lexi Marshen  
Chris, Deana, Cayla, & Landon Matthews  
The Movesian Family  
The Oddo Family  
Celeste & Barry Paull  
Jolyn, Jayden, & Camryn Price  
The Rozo Family  
Tracy & Justin

## Lisa Halfen

David Adler  
Cara Adler  
Bobby Anderson  
Kamal Badhey  
Ramona Batra  
Sachin Bhutani  
Elyse Boress  
Mary Chadwick  
Sherman Chan  
Nicholas Chang  
Cara Cimilluca  
Lara Clayman  
Malia & Brian Delacruz  
Leonard Dreyfuss  
Christina Fach  
Austin Fragomen  
Richard Gray  
Bonnie Greene  
Stuart, Kate, Alexander, & Liliana Halfen  
Mitchell Halfen  
Frank & Susan Halfen  
Lisa Halfen  
Matthew & Nodoka Huang  
Bruce & Amy Kan  
Hal Kiamzon  
Michael Lee

# 2010 ACHILLES WALK DONATIONS

Alvin, Harish, & Manny Mai  
Justin McWilliams  
Brian & Angela Michaels  
Ruth Mueller  
Marc Ross  
Vanessa & Leo Schweitzer  
William and Linda Sohl  
Stephanie Sohl  
Nadine Stahlman

## **Karen Hamilton**

John & Renee Ekedahl  
David & Charlotte Hamilton  
Bob & Colleen Logsdon  
Brian & Tracey Ostrowski  
Cheldred Paluzzi  
Rockford Tech Systems, Inc.  
Gerry Roos  
Sara St. John

## **Helen Hassel—In honor of Cille**

Beverly Beutler  
Roger Bryant  
Linda Bryant  
Nan Morgan

## **Kristen Haunss**

Lana Ajemian  
Beverly & Ed Aulman  
Estelle Barnes  
Risa Battino  
Christine Buurma  
Eric, Jen, Aaron, & Sammy Choate  
Marsha & Ted Choate  
Robert Conway  
Chandra Conway & Kevin Imamura  
Janine & Dave DeMilt  
Marie & Joe Di Bella  
Sarah & Gerald Dias  
Victoria Dorward  
Janet Doyle  
Andy & Linda Dragunat  
Rebecca & Dan Galembo  
Lindsay Greene  
Charlie & Elizabeth Haas  
Buddy & Chris Haunss  
Christopher Haunss  
Patricia Haunss  
Richard Haunss  
Esther & David Kamlet  
Rob & Amy Krollick  
Fred Lizzi  
Betty Ann & Dan Mancini  
Patrick McCloskey  
Robert Munnie  
Jennie Nolon  
Pat & Lorraine Pascucci  
Caroline & Jay Perry  
Grace & Tom Razukas  
Mario Rivera  
Samantha Rowan  
Caroline Salas  
Donald Sauvigne

Steve & Meggie Schober  
Michelle Sierra  
Rosemarie & Pino Signora  
Gary Silverman  
Mari Slater  
Emily Spilman  
Morgan & Kevin Steinberg  
Sarah Stutman  
Adam Tope  
Gerard Tully  
Jacquelyn Viskovich  
Jaime Wasserstrom  
Barbara, Marc, & Jon Weissberg  
Alyssa Youngerman

## **Shairah Herr**

Beth Bradley  
Susan Collare  
D & M Welding Crew  
Keith Hackenberger  
Jeanne Paskus  
Your Friends at TW Metals

## **Judy Hopkins**

Adam & Eve Beauty Salon  
Thea Arthen  
Donna Arvelo  
Hal & Audrey Beerman & Family  
Ellen & Michael Breslow  
Dennis Beauregard  
Judy Blair  
Ray Bock  
Michele Bova  
Rich Brandon  
Brickwall Tavern and Dining Room  
Eric & Gayle Brooks  
Peggy & Kevin Cadingan  
Bob Certo  
Paddy Corbella  
Jim & Elizabeth Davidson  
Don Davison  
Linda DeV Vaughn  
Ernest Diorio  
John & Cheryl Fly  
Robert & Carole Ford  
Richard & Janice Gough  
Bucky & Lenore Grimm  
Martin & Barbara Handelman  
The Hedvat Family  
Gregory Mosho & Devlin Fitzpatrick  
Jane Lemonde  
Bob Lopez  
Jim Mack  
John & Lynn McGowan  
Tom Milmoie  
Heather & Michael Missry  
Nancy & John Murray  
Fran Nobile  
Rosalie Panza  
Bernadette Placky  
Tracy Poland  
Marlene Potts  
Barbara Raffel  
Pete & Maggie Reilly

Myrna Rosenthal  
Debbie Rosenthal-Skidds & Jan Skidds  
Beth Sauerbrey  
Bruce Shapiro  
Barbara Stack  
Jim Thomson  
VVA Chapter 12  
Carole & Murray Weiner  
Gary & Linda Weitz  
Haviva Weitz & Sam Merl  
Hugh Zanger

## **Alan Hubbert**

Melanie Dickens  
Logan Pattimore

## **Christine Hufnagle**

Maureen & Bob Coates  
Brianna Coates  
John Hufnagle  
Lorraine Hufnagle  
Jamie-Lynn Hufnagle  
Ashley Kanefsky

## **Charles Imperato**

Dawn Becerra & Joe Gerber & Kids  
Fran & Tom Como  
Matthew & Joanne Como  
Brian Como  
Bob & Rhona Como  
Carlo & Maryann Imperato  
Richard & Denise Imperato  
Mom & Dad Imperato  
Charlie & Michelle Imperato  
Vinny & Daniela Imperato & Kids  
Mary Beth Korpics  
Donna, John, Ashley, & John McDougall  
Candice Miller  
Geraldine & Roy Monty  
Tricia Palladino  
Ellis Rosenblatt  
Martin Satz  
Rich & Kate Sheahan  
Kevin Tracy  
Aunt Chickie & Uncle Joe

## **Jennifer Klumpyan**

Patty Grove  
Amy Turner

## **Sharolyn Leeper**

Shelly Christensen  
Paige Goodson  
Jason Hart  
Wayne Howard  
Leonard Leeper  
Michelle Leifker  
Eliot Mansk  
Joyce Spangler  
Renee Vogel  
Otto Wilson

## **Shannon Leidig**

Jonathan Allgeier  
Luke Brennecke  
Susie, Joe, & Emily Burger

Joe & Lisa Calzarette  
Luciano V Cano  
Spencer Clark  
Anton Dahbura  
Mark Duvall  
Roz Johnson  
Carma & Emily Jones-Oliverez  
Barbara Newhouse  
Susan Schildt  
Nancy Smith  
Rhonda Teter  
Theresa Williams

## **Nicole Loeke**

Al & Colleen Gawle  
Joann Westerfield

## **Fern Martin**

Risa Askenas  
Alicia Cintron  
Kendall Hamid  
Eileen & Henri Hillmann  
Vikia & David Johnson  
Marion Lazer  
Karen Liebowitz  
Peggy Lynch  
Joseph Meloy  
Steve Michaels  
Ilene Morales  
Alvin & Gail Plaskowitz  
Chris Poli  
Frank & Ana Portella  
Marcia & Stuart Portner  
April Portner  
Kim Rosko  
Renee & Bernie Schwartz  
Allen & Roslyn Schwartz  
Rhonda & Jay Schwartz & Family  
Rita Siff  
Ramona & Alonda Valentin  
Phoebe Williams  
The Wymans

## **James Martin**

John Buzzurro  
Dominick del Biondo  
Ann Heinzinger Mariani  
Marsha Larusso  
Rebecca O'Brien

## **Michele Mayo**

Paul Floyd  
Ron Simpson

## **Tamara McGarvin—In honor of Bonnie Walker**

Christine Bologna  
Willy Dammers  
Mary Hadrava  
Gordon & Gail Kapp  
Tamara McGarvin  
Ellen Smith  
Amy Smithers  
Linda Zinn

## **Heather Mello**

George Lavoie  
Laurinda Lemieux

Kristen & Jeff Mauk  
Paul Mooney  
Maranda Ponte  
Cindy & Don Ponte  
Amy Ponte

## **Patricia Micheletti**

306 MapleLeaf Wing Air Force Association of Canada  
ACASS Canada  
Anna-Maria Angarita  
Adriana Bida  
Sylvie Casavant  
Catherine Chivers  
Ruxandra Dumitrescu  
Christina Figol  
Jennifer & Petro Gatien  
Gil Griarte  
Andrea Grosko  
Alex & Mary Anne Gyba  
Charlotte, Abie, Emily, & Olivia Haim  
Eugene & Natalia Hladky  
Christine Hlowacky  
Stefan Holowka  
Caterina Iannuzzi  
Domenico & Janet Iannuzzi  
Caterina Iannuzzi  
Serena & Taras Kiszczuk  
Mireille Kulisz  
Aleksandra Kurhan  
Simon Lacroix  
Barbara Libman  
Larry Libman  
Adriana Luhovy  
Anna Manocchio  
Mike & Katy Mazepa  
Taras, Lida, Kalyna, & Adrian Mazepa  
Giuseppe Micheletti  
Enza Micheletti  
Claude Morin  
Rachel Nador  
NovaJet  
Luba & Ewhen Osidacz  
Marco Ottoni  
Daniel Paquet  
Sandra Perna  
Michael Rebizant  
Gabriella Romano  
Tamara & Taras Romas  
Adriana Romas  
Rosana Roth  
Josie Russa  
Barbara Schaffer  
Mark Shnurivsky  
Maria Surzycia  
Georges Szytk  
Andrew & Susan Szytk  
Christina To  
Anna Tucka Czolij  
Maria Varacalli-Falso  
Michael Worsoff  
Ji-Jimmy

# 2010 ACHILLES WALK DONATIONS

## **Amy Monnius**

Clyde & Gail Bartter  
Lori & George Hlebak  
Fred & Gwendolyn Monnius  
Betsy & George Muller  
The UPS Store Candy Fundraiser  
& Coin Collections

## **Annethia Morse**

Oscar Gilbert  
Randy Journigan  
Stan Morse, Sr  
Jennifer, Dan, & Brady Regal  
Rovene Rodgers

## **Patricia O'Donnell**

Mary Ann & Tom Flannery  
Maryann Karweta  
The Knobler Family  
Patricia O'Donnell  
Marie O'Driscoll  
Sandy Rimland  
Kathy Volk  
Walter Walkenhorst

## **Brienne O'Sullivan**

Kathleen & Jim Curry  
Anna DeSantis  
Dolores Hounsell  
Suzanne McHale  
James & Barbara O'Sullivan  
The Pacific Family  
Dawn & Bryce Porter  
Mike Trinos  
Kevin Ward  
Venus Watson

## **Pamela Patridge**

Patricia DeConinck  
Kenneth & Bev Keyes  
Valerie McGrath  
Jean Mitchell  
Anna & Steve Notaro  
Karen Olmsted  
Joyce Patridge  
Anita Rubsam  
Jean Vandevoorde  
Sara Whitman  
Barbara Wood

## **Jodi Pinkham**

Linda Baran  
Deborah Dessner DeJosa  
Bret & Nancy Hicks  
Norma Johnson  
William & Jeanne Johnson  
Robert & Jean Lane  
Lynn & John Perekslis  
Charles & Susan Pinkham  
Jodi Pinkham  
Maris & Anita Stipnieks  
Strom & Isabelle Thacker  
Dave, Karen, Jared, Kaitlyn,  
Marley, & Sox Wood  
Ken & Jean Wood

## **Wendy Poll**

Jose Barbosa

Steven Campana  
Hyung Chang  
Jan Dale  
Jean-Marie Jordan  
Debbie Liscinsky  
Wendy Poll  
Steve Poll  
Xavier Rodriguez  
Mina Sfondilis  
Bethany Weidenhammer

## **Maggie Poole**

Brad Eubanks  
Judy Finney  
Chassidy Flood  
Richard & Susan Huhn  
Malinda Klein  
Molly Mazzarini  
Nicole Mease  
Michele Murphy  
Pam Norwood  
Casey Radle  
Fran Switzer  
The Wegrynowicz Girls

## **April Prior**

Kristine Brasher  
Norman Shink

## **Rajinder Purewal**

Mashri Abha  
Kesh Bajaj  
Camille Barichello  
Paramjit Bath  
Manjinder Bhandal  
Vinay Bharadva  
Sunil Bhatt  
Manoj Bhatt  
Michael Boyd  
Neera & Neil Chauhan  
Dilip, Dipa, & Roshan Chauhan  
Tony Cheema  
Mr & Mrs Cheema  
Terry Cleary  
Sonja Condron  
Daniel Corgan  
Robert Davenport  
Stephanie Davies  
Gavin Dickson  
Mason Droskoski  
Clare Elliott  
Ned Finn  
Lindsay Flitton  
Pavandip Gandam  
Aman Gill  
Nick Green  
Tom Harvey  
Carole Heffernan  
Adam Henning  
Brent J  
Vineet K  
Shiv Kaul  
Rakhi Khutti  
Anthony King  
Narvinder & Junior Kulair  
Amanda Leach  
Mike Lee

Zoa & Bill Loper  
Steve Maddison  
The Mann Family  
Subuj Miah  
Alex Newman  
Mike Parkinson  
Shashi Patel  
Nisha, Shivani, & Manish Patel  
Hemel Papat  
Sandeep Purewal  
Sangeeta Redgrave  
Mark & Ruth Reston  
Bin & H Sandhu  
Shehzad Sattar  
Mum & Dad Singh  
Claire Smith  
Harjit Sohal  
Harriet Turner  
Rickey Verma  
Giang & Sam Vu  
Dan Waters  
Flake Wright  
Shama & Mum  
Ams  
Gemma  
J-Bird  
Jin  
Reena  
Scoots  
Tubs

## **Karen Richards**

Richard Barnum  
Kelley Beaudry  
Luciana Chagas  
Linda Cicolini  
Kathleen Elbel  
Emergency Pet Center Friends  
Chris & Tina Ermlich  
Dia Garza  
Bill Gibson  
Amy Hurd  
Norma Johnson  
Chris & Callum Jung  
Emma Lea Mayton  
Lucille McDavid-Neuse  
Amy Read  
Farrokh Rezaei  
Aurora Richards-Stipnieks  
Papa Butch, Gramma Kathy,  
& Queen Mother Richards  
Janet & George Schneider  
Dolly & Clyde Simeroth  
Maris & Anita Stipnieks  
Cathy Tamez  
Angel & Anna Tapia  
Strom & Isabelle Thacker  
Liat Zilkha-Shohamy

## **Jennifer Riegler—In honor of Beth**

The Avni Family  
Dawn Balliet  
Jay & Debbie Bauer  
Amy, David, Lexi, & Max Blum  
Barbara Borrero

Allison & Kevin Clarke  
The Cohen Family  
The Danziger Family  
The Dash Family  
The Davis Family  
David, Michele, Max, & Brooke  
Dryerman  
Jen & Adam Eddelson  
The Edelstein Family  
Tara, Stuart, Mia, & Tre Ehrlich  
Tina & John Emerson  
Sherman Feir  
Alan & Donna Feir  
Paul, Sara, & Will Feldman  
Lisa & Steve Friedman  
Marcia & Michael Gold  
Gary & Susan Golden  
Bob & Carol Gordon  
Zak & Wendy Gordon  
Tom & Charlotte Greuling  
The Haft Family  
The Hallman Family  
Cindy & Andreas Hey  
Stacy, David, Evan, & Becka  
Hitsky  
Janet Hughes  
Lynne, Brian, & Sophie Ingram  
Lori & Ken Jackowitz  
The Kam Family  
Debbie & Dan Kaplan  
Liz Kasavana  
Daniel Laddin  
The Leshnowar Family  
Lori Lesser  
David, Brenda, Drew, & Jenna  
Levin  
Meryl & Rob Levine  
Ed & Ellen Levine  
Andrea, David, Jessica, & Zachary  
Lieberman  
The Marmor Family  
Debbie Metrick  
The Meyerson Family  
Lisa & Jan Miller  
Anthony & Janine Mustillo  
Julie & Steve Novack  
Michele Petito & Tom  
Jennifer Pollack  
L. Pomilla  
Melvin Riegler  
Olivia & Emily Riegler  
Shane & Brandon Riegler  
Riegler & Berkowitz  
The Rosenbaum Family  
Jennifer Rosenfeld  
Jennifer Rubin-Frisch  
Louis & Linda Russo  
Elyse, Jason, Wendy, & Kimberly  
Saltsberg  
The Scarpelli Family  
The Schmier Family  
Alice Seidman  
Lori & Rob Seidman  
M. & R. Seidman  
Laura Sinai

Donna Sobel  
The Stein Family  
Patricia Stillitano  
Landon Stillitano  
Alana Stillitano  
Beth & Steve Stillitano  
The Taub Family  
The Tuckman Family  
Ilyse Wagner  
Mike Walters  
Jodie, Michael, & Sammie

## **Tabitha Riggio**

Maureen Busche  
Jill Cooper  
David & Sharen Custer  
Dorothy Frayer  
Mary Ellen Gannon  
Francine George  
Gladys Husted  
Jan Julian  
Kirsten & Gary Kalwaytis  
Jodine Kane  
Heather Karsten  
Alice Keller  
Nancy Koester  
Anthony Lazzaro  
Arletta Lutka  
Linda & Bill Mackey  
Darren Miller  
Jeri Milstead  
David Neft  
Eric Raymond  
Lynn Restano  
Maryann Riesmeyer  
Barbara Schroeder

## **Cheryl Robertson**

The Grayson Mathis Family  
Tara Mandinec

## **Estefany Michelle**

Samuel Martinez  
Damaris Mendez  
Yazmin Rodriguez

## **Susan Rubio—In honor of David**

Nikki Faitel  
Susan Howe  
Julie Kipp  
Matt Plociak  
Carol Richbourg  
Diana Rosenblatt  
Chris Rubio  
Geoff Rubio  
Robin Segee  
Judy Segee  
Pat Sikes

## **Mary Ann Schildt—In honor of Shannon**

Aaron & Pat Sheaffer  
David Oyer

## **Carly Schwarz**

Linda Blackwell  
Brenda Brooks

# 2010 ACHILLES WALK DONATIONS

Garry Gontz  
 Ertin Kahar-Schwarz  
 Cassie Kramer  
 Diana McClung  
 Liz Osinski  
 Dani Poteet-Schooley  
 Mary Seekins

## **Denise Shaw**

Gail Applebaum  
 Karen Blaine  
 Bouton Physical Therapy, PC  
 Dan & Connie Boyian  
 Mary Claesen  
 Patricia Dubecky  
 Eunice Eldridge  
 Theresa Frank  
 Friends of Dave Townsend  
 Lorraine Glennon  
 Nancy Greulich  
 William Greulich  
 Jeffrey Hartzog  
 Kimberly Jackson  
 Linda Lacell  
 Dave Lehmann  
 Loretta & Al MacCormac  
 Marsha Madore  
 Lina Morgan  
 NY Pizzeria  
 Dale Sexton  
 Denise Shaw  
 Frank & Alberta Shaw  
 Suzanne Stewart  
 Erin Stevens  
 Daniel Tesone  
 Linda Tesone  
 Pamela Tesone  
 The Spagetti Factory, Inc.  
 Robin Thomas  
 Dick & Jean Vollmer  
 Rosemarie Wiederecht  
 Val Wesolowski  
 Jerry Williamson  
 Anne Wright

## **Susan Swift—In honor of Jessica**

Marian DiNicola & Bill Mezzo  
 Al & Bernie Donorfio  
 Annette Dostaler  
 The McMahon's  
 Joseph Valenti

## **Amanda Thaiss**

Patricia Holman  
 Lisa McGarry  
 Michael McGarry  
 Lauren Thaiss  
 Linda Thaiss

## **Thomas Tobin**

Ann Amann  
 Todd & Lori Attenberger  
 Joseph Bonomo  
 Joseph & Donna Burchie  
 James & Sarah Edelstein & Family  
 James & Anne Hansen

Ronald Hansen  
 Thomas Maroney  
 Gene McFarland  
 Laura Molinaro  
 El & Cher Peterman  
 Marilyn Roberts  
 Richard Rodriguez  
 Dennis Tobin  
 Jacquie Tobin  
 James & Cindy Tobin & Family  
 Jeanne Tobin  
 Lali Tobin  
 Thomas Tobin

## **Linda Tomajko**

Betsy Hanley  
 Belva Hayden

## **Michelle Tumbleson Jones**

Lorrie Allen  
 Bern Hicks

## **Marsha Tyszler**

Randy Blanzq  
 Tzippy Calm  
 Zoe DeRoo  
 Sheryl Donnell  
 Elaine Feder  
 Lenin Garcia  
 Alan & Judy Gross  
 Lauren King  
 Philip, Natalie, Noah, & Zackie Landsberg  
 Cynthia & Dave Lowe  
 Karol Patras  
 Libba & Elly Peromsik  
 Barry, Sarah, & Abba Rosenblum  
 Cherrie Sage-Albertson

## **Luann Vanderpot**

Helen Cannistraci  
 Jennifer & Dan Federmann  
 Daniel Fox  
 Daniel Loewenheim  
 The Morduch Rosenberg Family

## **Tracey Vicedomini**

John Bonaldi  
 Rita & George Conlon  
 Kathleen Ford  
 Mary Ellen & Pete Waanders

## **Bonnie Walker**

Kathy & Matthew Cyran  
 Shari & Benny Gentile  
 Judy & Barbara Macfie  
 Mark, Kim, Abby, & Payton Macfie  
 Karen Rose  
 Michele-Lee & Steve Shapiro & Family  
 Todd & Linda Walker  
 Patricia & John Yenkosky

## **Cheryl Wexler**

Sue & Art Biagianni  
 Dana Fishkin  
 Ethelyn Geschwind  
 Peter Henderson

Michael & Anali Lins  
 The Peppers  
 Anna Solomon  
 Cheryl, Art, & Megan Wexler  
 Helen, Jerry, Rachel, & Sarah Wexler  
 Linda Yang

## **Angela Wolf**

Leslie Ahern  
 Kara Albrecht  
 Valerie Allan  
 Jerry Bentley  
 Dennis & Carol Cantrell  
 Delores Remsing  
 Linda Smith  
 Donna-Jo Webster  
 Angela Wolf

## **General Achilles Walk Donations**

**\$400**  
 McGuinness and Hodavance, PA

## **\$300 and Above**

Carmine Christiano  
 Guy & Susan Tufio

## **\$200 and Above**

Carter & Civitello  
 Patricia Mahoney  
 Michele Perl

## **\$100 and Above**

Robert & Deborah Broatch  
 Francine Brown  
 Nita L. Brown  
 Thomas J. Conroy  
 Susan & Ted Corn  
 Rocco De Leo  
 Steven Dow  
 Susan Egginton  
 Julie R. Evans  
 Stephen Freudenheim  
 Joseph Lionetti  
 Geatantina Madio  
 Bonnie Matthews  
 Robert McGuinness  
 Diane Montalbano  
 Robert Murray  
 Dr. Daniel Richman  
 Tova Shatz  
 Villa Barone Hilltop Manor  
 Margaret Webb

## **\$75 and Above**

Maryann Bannan  
 Lynn Goodman, BSN  
 Colette Hughes  
 Scott McEvoy  
 Elizabeth M. Nielsen  
 Loretta Powell  
 Lisa Watts  
 James White

## **\$50 and Above**

Frederick Alexander—In honor of Judy Hoffman  
 Glenda Cantrell

David Dershewitz, MD  
 Glenn & Tamara Gracon  
 Sari Hausler  
 Starr Herrman  
 Marian Hodavance  
 Michele Kelly  
 Yola Anne Kramer  
 Jeanette Layne  
 Leon & Berg, P.A.  
 Richard & Nema Magovern  
 Norma & Kathleen Martin  
 Denise May  
 Peggy W. May  
 Bernadette McCarthy—In honor of Amy McCarthy  
 Scott Morton—In honor of Rochelle Carlson  
 Barbara O'Connor  
 Richard Orr  
 John Rafter—In honor of Marianne Delrusso  
 Charles & Marilyn Richards  
 Marilyn Swafford  
 Jillian Walker—In honor of Jamie Brown  
 Chris Wilson  
 Paul Youngclaus

## **\$25 and Above**

Andrea Alfonso  
 Judy Atwell  
 Esther Bertram-Herzfeld  
 Rhonda Bloch  
 Susan Borland  
 Thomas & Pamela Caruso  
 Beverly Chambers  
 Michael Cinquemani  
 Ann Cogan  
 James Cole  
 Loida Colonna  
 Myra Constable  
 Lois Davis  
 Elaine & Melvin Ehrlich—In honor of Brad Minskoff  
 Ruth Factor  
 Marilyn Feters  
 John Fiffick, Jr.  
 James Flynn  
 Lenore Freudenheim  
 Daniel Gaffney, DDS  
 Pamela Gartog  
 Miriam Gavin-Kalinsky  
 Miranda Gladding  
 Howard Glessner  
 David Gonzalez  
 Marsha Holst  
 Denise Hunter-Tuminello  
 Beverly Israel  
 John Johnston  
 Sheila D. Kiess  
 Edward & Hana Klein  
 Sherwin Klein  
 Jeanette A. Leinen  
 James Madigan  
 Nancy Maloney

Lindsey Majeskey  
 Edward Martinshin  
 Patricia McConnell  
 Marlene Monteleone  
 Sherry L. Moonen  
 Joan Mosolovich  
 Carolyn Nicholson  
 Frances Ojeda  
 Christine Pugh  
 R. Eileen Reid  
 Judy Rettig  
 Eunice Saucerman  
 Isadore Sirota  
 Katrina Schmidt-Vance  
 Helene Silverman  
 John Smith  
 Marilyn Snider  
 Diane Stark  
 Joan Starkowsky  
 Rosa Stipnieks  
 Louise Swale  
 Paula Thibault—In honor of Kris Steets  
 Gayle Vanacora-Charley  
 Bernadette Washick  
 John Willard  
 David Wilson

## **Under \$25**

Reid Anderson  
 Penny Bacon  
 Sandra Ballard—In honor of Krista Furman  
 Mary Ellen Bogue  
 George & Joan Clevenger  
 Marcia Conrad  
 Jack & Jill Crevier  
 Erwin & Sheryll Crow  
 Customink.com  
 G. L. Deahl  
 Laurie Doucette  
 Catherine Down  
 Christy Fachs  
 Judith Fisher  
 Diana Fletcher  
 Stavia Georges  
 John & Karen Graves  
 Walter Hess  
 Ricky Jones  
 Duane Kruger  
 Kris Lathrop—In honor of Amber Wiseman  
 Thuy Le—In honor of Kim Robinson  
 Selina Martinez  
 Caryl Nelson  
 Mary Perrine  
 Allison Schlichter—In honor of Tara Mandinec  
 Becky Sorlie  
 Marissa Steindel—In honor of Paula Orecklin  
 Bridget Subers  
 Mary Swanwick  
 Leah Zelkowi