

Team RSDSA at the Achilles Walk for Hope & Possibility

June 27, 2010 | Central Park, NYC



What is RSDSA?

The Reflex Sympathetic Dystrophy Syndrome Association (RSDSA) is a not-for-profit organization established in 1984 to raise awareness of complex regional pain syndrome (CRPS), educate the general public and the medical community, and fund research. Since 1992, RSDSA has funded more than \$1 million in fellowships and research grants.

What is Achilles International?

Achilles International, Inc., is an international, not-for-profit organization, represented in 60 countries, that provides support, training, and technical expertise to runners at all levels. Achilles includes people with all kinds of disabilities. In 2005, CRPS was added to the list of disabilities. Runners participate with crutches, in wheelchairs, on prostheses, and without aids.

What is the Achilles Walk for Hope & Possibility?

It is an annual series of events sponsored by Achilles International. The mission is to enable people with all types of disabilities to participate in mainstream athletics, to promote personal achievement, enhanced self esteem, and the lowering of barriers between people.

Why is RSDSA involved in the Achilles Walk for Hope & Possibility?

Since RSDSA promotes public and professional awareness of CRPS, a neurologic syndrome characterized by severe and persistent pain that can lead to disability, we are charged with educating those afflicted with the syndrome, their families, friends, insurance and healthcare providers about the potentially disabling pain it causes.

We have teams in the Achilles Walk for Hope & Possibility to encourage those who are disabled to participate. Our participation highlights the disabling part of the syndrome and offers hope to those who suffer from it.

Why Should We Support the Walk?

Consider that anywhere from 200,000 to 1.2 million people in America have CRPS. The more people who are involved, the greater the reach of our message. Your contribution supports RSDSA's mission. We would love for you to put together a team of your coworkers or friends, and join us.

How Can We Support the Walk?

There are several things you can do. The easiest is to just write us a check! You can participate in the walk and raise pledges, or put together a corporate team. Perhaps your company has a matching funds arrangement for not-for-profit fundraising events. Visit the website or contact us to get started!